#### Greater Milwaukee Central Office "Welcoming Newcomers and Aiding AA Groups In Our Community."



Vol. 28 Issue 12

Financial News: Please remember our tradition of "selfsupport". If you wish to contribute to the Central Office, you can now use <u>Venmo</u> from your smartphone. @MilwaukeeCentralOffice-AA

https://venmo.com/code?

user id=2976454346276864728 ...0785 are the last four digits of the phone number associated with the Venmo account. (You may be asked for these numbers)

Use QR Code **To Contribute** Using VENMO



If you don't use Venmo or PayPal, you can always come visit us at the Central Office or mail a check.



<u>Closed all day Christmas Eve (Dec. 24th)</u> Closed all day Christmas Day (Dec. 25th) Open Saturday December 26, 9am to noon. Closed all day New Years Eve (Dec. 31st) <u>Closed all day New Years Day (Jan. 1st)</u> <u>Open Saturday January 2, 9am to noon</u> No 12:15 meetings on the days we are closed. Now move along....nothing more to see here.

# **Holiday Recipe--For Sobriety**

By: Anon. | Manhattan, New York

"First, you catch a rabbit. . ."

A famous old recipe for making rabbit stew begins in this way. It is humbly suggested that this is not a bad beginning for some other recipes. (Let the reader not be alarmed; the writer is aware that *The Grapevine* is not a cookbook. But, a pragmatic beginning very similar to that quoted has worked for a great many people whose primary concern in the past has been not with cooking.)

At this point, it might be well for the writer to make clear that food or its preparation never has been a problem with him. For a period of twenty years, his caloric intake depended largely upon the consumption of alcohol in one form or another. Any food ingested during these years was incidental. Comment of others in AA has led him to the belief that this dietary disregard of food as a source of energy is not uncommon among alcoholics actively engaged in the practice of alcoholism.

But, to get back to the recipe--where were we? Oh yes-holidays. Well, first you get a quart of. . .

Wrong recipe!

In AA, the writer gratefully wishes to acknowledge that he found a simple and effective recipe for sobriety. It begins--this formula for sobriety--quite pragmatically in somewhat the manner of the classic instruction for making rabbit stew:

"First, you don't take a drink. . . "

The rest of it follows logically and naturally.

But, as with any recipe, a little of the wrong ingredient may botch things terribly. Here it does not appear imperative to spell out what is the wrong ingredient for the alcoholic. If the reader does not know, he probably is reading the Kinsey report or the New Bartender's Guide or some other edifying publication--not The Grapevine.

Being a worrier, a statement the writer feels may be redundant from an alcoholic, this particular AA has viewed holidays as a source of more than ordinary danger to sobriety. Happily, he has seen several holiday seasons float by on the traditional torrent of eggnog without having felt it necessary to submerge himself again. He has been fortunate in remembering:

"First, you don't take a drink. . ."

Works wonderfully!

("Rabbit" Continued on page 9)

# 25¢

Published monthly by Greater Milwaukee Central Office, Inc., 7429 W. Greenfield Ave., West Allis, WI 53214, (414) 771-9119 Visit our website at: www.aamilwaukee.com

#### Greater Milwaukee Central Office AA Profit & Loss Prev Year Comparison October 2020

	Oct 20	Oct 19	\$ Change	% Change
Ordinary Income/Expense		N.		
Income				
4000 · Literature Sales	6,614.89	13,753.47	-7,138.58	-51.9%
4050 · Between us	0.25	231.75	-231.50	-99.89%
4070 · Contributions	5,894.39	5,874.81	19.58	0.33%
4080 · Gratitude boxes	219.63	0.00	219.63	100.0%
4130 · Personal Contri.	1,980.23	79.99	1,900.24	2,375.6%
4150 · Other Income	17.10	164.87	-147.77	-89.63%
4170 · Interest Income	324.95	21.69	303.26	1,398.16%
4190 · Discrepancies	0.00	-162.80	162.80	100.0%
4600 · Merchandise Sales	54.00	0.00	54.00	100.0%
4830 · Sales Discounts	10.00	0.00	10.00	100.0%
48900 · Shipping and Delivery Income	2.35	195.53	-193.18	-98.8%
Total Income	15,117.79	20,159.31	-5,041.52	-25.01%
Cost of Goods Sold	4,232.54	8,238.57	-4,006.03	-48.63%
Gross Profit	10,885.25	11,920.74	-1,035.49	-8.69%
Expense				
51100 · Freight and Shipping Costs	228.11	240.05	-11.94	-4.97%
59900 · POS Inventory Adjustments	41.34	-6.08	47.42	779.93%
6000 · Advertising and Promotion	0.00	1,062.50	-1,062.50	-100.0%
6045 · Coffee/Soda/Candy Expense	0.00	33.85	-33.85	-100.0%
6050 · Credit card fees	105.32	169.61	-64.29	-37.91%
6170 · Computer and Internet Expenses	193.30	0.00	193.30	100.0%
6200 · Conferences & conventions	0.00	50.00	-50.00	-100.0%
6330 · Insurance Expense	-22.00	0.00	-22.00	-100.0%
6500 · Office	3,191.02	3,619.54	-428.52	-11.84%
6600 · Payroll	7,943.70	7,578.56	365.14	4.82%
66900 · Reconciliation Discrepancies	0.00	0.21	-0.21	-100.0%
Total Expense	11,680.79	12,748.24	-1,067.45	-8.37%
Net Ordinary Income	-795.54	-827.50	31.96	3.86%
Other Income/Expense	10.03	0.00	10.03	100.0%
Net Income	-785.51	-827.50	41.99	5.07%

What is the Prudent Reserve?

The A.A. guideline document produced by A.A. Wjorld Services, Inc., suggests a prudent reserve for a Central Office or Intergroup be fixed

somewhere between one and twelve months operating expenses. The prudent reserve is <u>not available</u> for everyday use. It is only meant for

startup and twelve months of operating expenses, in an emergency situation.

#### The <u>Southern Wisconsin Deaf Ac-</u> <u>cess Committee</u> needs to rotate it's members. We are searching for two AA members to act as Co-Chairs, a treasure, and a liaison person to work with Members of AA Deaf community. They can email SWDAC at: <u>milwareadeafaccess@ gmail.com</u>

Checking:

Account Balances

Savings Account: 60,017.00

Prudent Reserve: 163,805.25

9,094.60

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	Southern Wisconsin Deaf Access Committee					
	(SWDAC) September 2020					
	Beginning Balance: \$8,385.59					
	Contributions: \$ 302.00					
	Interpreter: \$ 250.00					
	Ending Balance: \$8,437.69					
	The cost for an interpreter is \$50 for a zoom meeting					
	and \$80 for an in-person meeting. Contact Kath W.					
	with questions: brylerandme@gmail.com					
	VENMO Contributions: www.venmo.com/SWDAC					

#### •<u>Meeting Space Currently Available</u>

•<u>St Peter's Episcopal Church</u>, 7929 W Lincoln Ave, West Allis, Contact: Steve 414-543-6040 or email: christumc1@sbcglobal.net

Anchor Covenant Church 1229 Park Row Lake Geneva WI 53147, contact Laura, 262-903-6888 office@anchorcovenant.org

#### 2 Bucks In The Basket... Make it a Reality, not just a dream!



"Every AA group ought to be fully self-supporting, declining outside contributions." Tradition Seven, Twelve Steps and Twelve Traditions, Reprinted with permission AA World Services, Inc. Seventh Tradition Checklist



Use <u>VENMO</u> on your smartphone to contribute. Or Contribute using <u>PayPal</u> or your <u>Credit Card</u> from our website.



#### DISTRICT INFORMATION ON THE WEB: https://www.area75.org/page/districtmeetings

1. JACKSON, LaCROSSE, MONROE, VERNON, & TREMPEALEAU; 2 & 18 GREEN LAKE & MARQUETTE CNTY'S & PART OF WAUSHARA; 8 & 30 ROCK ; 9. CRAWFORD, GRANT, IOWA and LAFAYETTE; 19 & 37. RICHLAND & SAUK;

20, 21 & 26 DANE; 31. COLUMBIA CNTY; 35. GREEN; 37. JUNEAU CNTY'S

#### (Check the web address above for meeting info.)

3. MANITOWOC & SHEBOYGAN CNTY'S 3rd Wed. of month, 6:30 p., Even numbered months at 1907 Club, 2908 N. 21st St., Sheboygan. Odd numbered months: Alano Club, 404 S 29 St Manitowoc

6. WALWORTH CNTY 2nd Tue. 7:30 p. Feb. Apr. June. Aug. Oct. and Dec. only, Walworth Alano Club, 611 E. Walworth St., Delavan

7. KENOSHA CNTY 3rd Sun. of month, 4:00 p., Kenosha Alano Club, 630 56th St.

10.Spanish District. Contact: Salvador G. at 414-446-0158. Meets every 2nd & 4th Sunday 9 a.m. to 11 a.m. 1663 S. 6th Street, Milw.

11. JEFFERSON CNTY Meets last Wed. at 5:30 p.m. Moravian Church, 301 College St., Lake Mills,

12. WASHINGTON CNTY 1st Wed. of month, 6:00 p., the Jackson Community Center N165W20330 Hickory Ln,, Jackson, WI. 53037

13. WAUKESHA CNTY (1 of 3) 1st Sun. of month, 1:00 p, St. Matthias Church, 111 E. Main, Waukesha

14. MILWAUKEE CNTY (1 of 6) 4th Wed. of month, 7:00 p, Milwaukee Central Office 7429 W Greenfield Ave., P.O. Box 13011, Wauwatosa WI 53226

16. MILWAUKEE CNTY (1 of 6) 1st Wed. of month, 6:00 p, Milw. Central Office, 7429 W Greenfield Ave.

17. RACINE CNTY (1 of 2) 3rd Sun. of month, 1:00 p, Grove Club, 1037 Grove Ave., Racine

23. DODGE CNTY 1st Wed of month at 7:00 p, Dodge Cnty Alano Club, 115 N. Lincoln, Beaver Dam, call to confirm 920-583-3142

24. OZAUKEE CNTY 3rd Tue. of month, 6:30 p., Peltz Center for Jewish Life, 2233 W Mequon Rd. Mequon

25. FOND du LAC CNTY 2nd Tue. of month, 6:30 p., Gratitude Club, 295 Ruggles St., Fond du Lac

27. MILWAUKEE CNTY (1 of 6) 3rd Wednesday of month, 7:00 p.m. Covenant Lutheran Church, 8121 W Hope Ave, Milwaukee WI 53222

28. MILWAUKEE CNTY (1 of 6) 1st Mon. of month, 7:00 p, Bay View United Methodist 2772 S Kinnickinnic Ave. Bay View, WI 53207

29. MILWAUKEE CNTY (1 of 6) 1st Mon. of month, 7:00 p, Luther Memorial Church, 2840 S 84th St., West Allis, WI 53227

32. WAUKESHA CNTY (1 of 3) 4th Tuesday of month, 6:30 p, https:// us02web.zoom.us/j/88183312739? pwd=eVJwV0Q2UENydUJHcEhs UmM4RIJRZz09 Meeting ID: 881 8331 2739, Passcode: 071956

34. WAUKESHA CNTY (1 of 3) 1st Tue. of month, 6:30 p, Northwest Alano Club, N88W17658 Christman Rd., Menomonee Falls

36. RACINE/KENOSHA (1 of 2) 2nd Tues. month 6:00 p.m., 12 & 12 Club, 724 N Pine St., Burlington

38. MILWAUKEE CNTY (1of 6) Last Sunday of month 4:30 p.m. All Saint Cathedral, 818 E Juneau Ave.

#### SEND ADDITIONS AND CORRECTIONS TO:

7429 W. Greenfield Ave, West Allis, WI 53214, dan@aamilwaukee.com

#### ADDRESSES FOR YOUR INFORMATION

Milwaukee Central Office: 7429 W Greenfield Ave, West Allis, WI 53214 gmco@aamilwaukee.com

• Area 75 Treasurer: PMB #167, 5464 N Port Washington Rd., Glendale WI 53217

• General Service Office: G.S.O, P O Box 459, Grand Central Station, New York, N.Y. 10163 • Area 75 Corrections, or Bridging the Gap or Treatment write to: PMB # 170, 5464 N Port Washington Rd., Glendale WI 53217

• Southern Wisconsin Deaf Access Committee : Email: milwareadeafac cess@gmail.com; Mailto: Deaf Access Committee, P.O. Box 1982, Waukesha WI 53186

TAYCHEEDAH CORRECTIONAL, Meetings are held 1st, 2nd & <sup>1</sup> Tuesday and on the 3<sup>rd</sup> Thursday at 5:45 -7:30 p.m., Gloria K. (920) 921-2395

FEDERAL CORRECTIONAL INSTITUTION, P.O. Box 1085 Oxford. No Meeting!

FEDERAL CORRECTIONAL Satellite Camp, New Path Group, P. O. Box 1085 Oxford, WI. Meetings Wed. at 1:30 p.m.

OAK HILL AA GROUP, OAK HILL WCI 5212 Hwy M, P.O. Box 140 Oregon, WI 53575 Meetings Wednesday at 7:00 p.m. and Sunday at 6:30 p.m. Contact: Rick B. (608) 235-5154

THOMPSON FARM, RT. 2 DEERFIELD, WI., Closed meeting Tuesday at 8:00 p.m. Contact: Tom Dickert, (608)764-5755

ROBERT ELLSWORTH CORRECTIONAL, 21425A Spring St., Union Grove, 53182 Call for AA Meeting times: Contact Jennifer H. 262) 237-1294 or Cheryl P. (262) 914-3970.

KETTLE MORAINE CORR., Box 31, W9071 Forrest Dr., Plymouth, AA Thr. at 6:00 p.m. Contact Mike L (920) 898-4782.

WAUPUN CORRECTIONAL INSTITUTION AA Meeting Sat., 8:00a.m. 9:30 a.m. Dale C. 920-387-4229 after 5 p. clearance.

MILWAUKEE COUNTY HOUSE OF CORRECTION, 8885 S. 68th St. Franklin WI.

MILWAUKEE COUNTY JAIL 9th & State Milwaukee WI.

MILWAUKEE SECURE DETENTION CENTER, 1015 N. 10th St. Milwaukee

Milwaukee Women's Correctional Ctr. 615 W Keefe Ave. Milwaukee

FOX LAKE CORRECTIONAL, Box #147, Fox Lake, WI 53933 Closed meetings Tue. & Fri. from 6:00 -8:00 p.m.

JEFFERSON COUNTY JAIL 411 S. Center St., Jefferson, WI, Mtng. held on Mon. at 7:00 p.m., Contact: Scott N. 920-397-0170

**RACINE CORRECTIONAL INSTITUTION for MEN Mtngs:** Sun. 8:30 AM, Dane Rx Unit; Wed. 7:00 p. and two meetings on Thursday at 7:00 p. English and Spanish. Call Paul H. (262) 537 -2884

MILWAUKEE COUNTY CORRECTIONS COMMITTEE: meets at 5:30 p.m. on the 3rd Thursday on odd numbered months at Greater Milwaukee Central Office, 7429 W Greenfield Ave, West Allis WI 53214. Donation should be sent to: MCCC, PO Box 270544, Milwaukee WI 53227-0544. Contact coordinator: Kota at email: mccccoordinator@gmail.com with questions.

Corrections volunteers must go through the committee to get AA literature to take into the various facilities. Milwaukee Central Office no longer handles the funds.

Area 75, Southern WI, Calendar of Events 2021 Madison Senior Center, 330 W. Mifflin St., Madison,

Held at Senior Center except where otherwise noted. Join Zoom By phone: 312-626-6799, enter meeting ID and Password.

- Zoom Meeting Contact Area Chair: Veronica O. • vodonnell52@gmail.com
- Jan 24, 2021 Winter Assembly
- March 14, 2021 Delegates Workshop
- April 11, 2021 Spring Service Assembly •
- June 27, 2021 Summer Service Assembly
- Sept. 12 2021 Preconference Assembly
- Nov. 12-14, 2021 Area 75 Conference, LaCrosse WI.

#### JOIN the BIRTHDAY CLUB!

We celebrate birthdays, and we'd like to help you celebrate yours! Send us a contribution of **\$1 for each year of Sobriety**- or more if you choose- and we'll print your birthday in the Between-Us Newsletter. Include your Home Group, and we'll print that also!

Requests should be in by the 24th of the month prior to your sobriety date. Late arrivals will appear the following month.

Just fill in the form below and mail, with your donation, to:

Payable to: "Grea Memo: Birthday ( 7429 W Greenfiel West Allis WI 53:	Jub d Ave	entral Office"	
	nclosed. ears on/	Ι.	×
Address			
City	State	Zip	
Phone: ( )	-		
Email:			
Home Group:			
-	Contribution: site, using <u>Cr</u>	-	<u>MO</u> or from our or <u>PayPal.</u>



Years	Name	Home Group
10 (10/24/20)	Julie L.	Badger Group
3 (11/17/20)	Jaci U.	Central Office Volunteer



#### MILW. CENTRAL OFFICE

• E-mail us at: dan@aamilwaukee.com

- Temporary Hours until further notice: M - F 9 a.m. to 4:30 p.m. Sat. 9 a.m. - 12 p.m.
- Secretary Meeting Bi-monthly on 2<sup>nd</sup> Tuesday of each odd numbered month at 6:30 p. Jan., Mar., May, July, Sept. and Nov.
- Board of Directors Meeting, Wednesday following Secretaries Meeting, (odd months) 6:30 p.
- **A. A. Meetings,** Mon Fri at 12:15 p., <del>Wed. & Thur at 4 p.,</del> Sat. 9:15 a., & 10:30 a.
- Service Manual Study: 2nd Thurs. of month at 6 p.m.
- Dist. 14, 4th Wed. at 7 p.m.
- Dist. 16, 1st Wed. at 6 p.m.

#### Spanish Speaking Meetings: Meeting at English Speaking Clubs

•GRUPO 5 CONCEPTOS, Pass It On Club, 6229 W. Forest Home Av, Milw, on Saturday at 8: p.

•GRUPO NUEVO AMANECER, Tri-County Unity Club, 104 N. First St, Watertown, on Tuesdays and Fridays at 7:00 PM and on Sunday at 11:00 AM

•GRUPO FE Y ESPRONZA, Gratitude Club, 295 Ruggles St. Fond du Lac WI on Wednesday at 7:00 PM and Sundays at 4:00 PM

#### SERVICE MANUAL STUDY, 6 p.m. 2020 Schedule: Sept 10, Oct 8, and Nov 1<del>2, Dec no meeting.</del>

Milwaukee Central Office, 7429 W Greenfield Ave, West Allis WI 53214

Find out more about the AA Service Manual. Study group is open to any AA member whether currently active in AA service work, or not.

Contact: Nancy H at 414-801-5184 with questions.







# **BUTLER SUNDAY NIGHT**

# HOLIDAY GRATITUDE MEETING

## WHEN: SUNDAY, DECEMBER 20th

WHERE: ST. AGNES CHURCH 12801 W. FAIRMOUNT BUTLER, WI

(enter back parking lot)

OR Join by Zoom <u>https://us02web.zoom.us/j/81489498383</u> Meeting ID: 814 8949 8383

(WE ARE BOTH ON SITE-MASK REQUIRED & ONLINE, WHICHEVER IS BEST FOR YOU!)

## OPEN MEETING TIME: 7:00 PM

## SHARE YOUR GRATITUDE WITH US!

JOIN US FOR FUN AND FELLOWSHIP!

#### October 2020 Central Office Contributions 58 Groups Contributed - Thank You

Group Name #015 TAL Gp #048 Gp #059 Gp #069 Wed pm #078 Gp #086 Mon Night #093 Men's Group	Group # 137297 114315 117184 125748 114444 160368 130257 675262	\$Amount 60.00 40.00 261.00 60.00 27.00 500.00	Group Name Mon Independence Mon Night Big Book Study Mon Night Women's Waukesha Mon Twelve and Twelve New Beginnings Mukwonago	Group # MIL-MH 114085 687894 120519	\$Amount 80.00 41.00 291.62 120.00
#048 Gp #059 Gp #069 Wed pm #078 Gp #086 Mon Night	114315 117184 125748 114444 160368 130257	40.00 261.00 60.00 27.00 500.00	Mon Night Big Book Study Mon Night Women's Waukesha Mon Twelve and Twelve New Beginnings Mukwonago	114085 687894	41.00 291.62 120.00
#059 Gp #069 Wed pm #078 Gp #086 Mon Night	117184 125748 114444 160368 130257	261.00 60.00 27.00 500.00	Mon Night Women's Waukesha Mon Twelve and Twelve New Beginnings Mukwonago	687894	291.62 120.00
#069 Wed pm #078 Gp #086 Mon Night	125748 114444 160368 130257	60.00 27.00 500.00	Mon Twelve and Twelve New Beginnings Mukwonago	687894	120.00
#078 Gp #086 Mon Night	114444 160368 130257	27.00 500.00	New Beginnings Mukwonago		
#086 Mon Night	160368 130257	500.00		120519	00.00
1월 17월 28일 전 17일 등 2월 18일 - 12일 <b>- 국</b> 가 2월 2월 2월 2	130257			120010	90.00
#093 Men's Group		100 00	Noon Risers Steps & Traditions	675593	221.00
	675262	166.00	Oconomowoc Wed Get Over It	174427	37.50
A Vision for You	010202	200.00	Old School House Group 309	163906	180.00
AA Two Rivers	114424	100.00	Rule 62 Men's Gp	173372	105.00
Airport Group	159599	100.00	Sat Morn Gp 10 a.m.	138045	208.00
Brookfield Unity	114155	150.00	Saukville Big Book Meeting	156503	75.00
By The Book	168941	50.00	Serenity Gp Hartland	WAK-R1	197.39
District 3		150.00	Sun Night Men's Waukesha	129859	150.00
First Step	635840	60.00	Sussex Fri Night Action	147499	200.00
Fri Morning Gp 10:00 a.m.	138531	30.00	Thanksgiving Gp Hubertus	703452	50.00
Fri Morning Step Topic	665639	50.00	Thr Success Step	MIL-RB	66.00
Fri Night 2nd Shifters	142504	60.00	Three Legacies	169269	60.00
Fri Noon 12 & 12	MIL-FB	60.48	Today's Choices Gp	614204	50.00
Gopher Sun Night	125948	36.60	Tue Reflections	MIL-TH	79.00
Hales Corners Tue Night	177353	60.00	Turning Point Sun Night	636637	130.00
Hand Of AA Online		3.00	Victory Group	163882	25.00
Happy Hour Step	653359	60.00	We Agnostics	MIL-W7	50.00
Happy Trails	236628	25.00	Wed Afternoon Happy Hour	643772	50.00
Hartford Women's Big Book	667036	75.00	Wed Night Men's Meeting	663905	5.00
Impaired Professionals In AA	126056	75.00	Wed Night Wisdom	145180	150.00
Keep It Simple Sunrise Wed	670420	81.60	Wed Noon Lunch Bunch	690831	67.00
Lake Geneva Kitchen Table	125465	50.00	Women's Fri Night Kick Off	615200	45.00
Lost and Found Gp	659564	100.00	Women's Wed 5;30 pm	704135	25.00
Mayfair Ladies Mon & Fri	114336	30.00	Written For Us	717556	130.00
			1.2.1	TOTAL	5,699.19

#### Personal Contributions October 2020, Thank You

Name	\$Amount	Name	\$Amount
Anonymous	404.33	M., Roberta	20.00
B., Rebecca	100.00	O., Mike	20.00
B., Daniel	10.00	O., Teresa	50.00
B., John	300.90	P., Jeffrey	100.00
D., Kathie	100.00	Q., Brian	20.00
E., Bill	15.00	R., Jim	5.00
F., Mel	75.00	R., Joe	20.00
G., Goodman	15.00	R., Lynn	250.00
H., Beth	25.00	S., James	50.00
K., Paul	20.00	S., James	50.00
K., Connie	100.00	S., Mary	50.00
K., Phillip	40.00	U., Todd	10.00
L., Scott	50.00	W., Cheryl	40.00
L., Keith	105.00	W., Nathania	50.00
L., Irene	50.00	W. Tom	20.00
M., Frank	10.00	<ul> <li>A Construction of the constructio</li></ul>	Total 2,175.23

# December 2020 Time to be kind

By: Matt M. | San Antonio, Texas

Through a little faith and effort, a husband's longtime holiday resentment becomes a gift to someone he loves.

Click here to listen to Matt's Audio Story

December 2020 Welcome to Key West By: Brent H. | Reading, Pa. He knew it was time to stop drinking. He had really reached the end. But first he'd fly to see his old drinking buddy for one last hurrah.

Click here to listen to Brent's Audio Story.

MEETING ROOM

 NEW DAY CLUB 11936 N. Port Washington Mequon, (262) 241-4673 tttp://www.newdayclub.net A.A. MEETING SCHEDULE Sun. 8:00 a. Topic 11:00 a. Topic 11:00 a. Topic 2:00 p. Young People 7:30 p. Torit Step Gp 3:30 p. More about Acoholism 7:00 p. 8:15 p. Men's Gp 10:00 a. Topic 2:00 p. Beginners Gp 8:00 p. Big Book Gp Ved. 10:00 a. Topic Meeting 5:30 p. Topic Meeting 1:00 p. Women's AA Gp 5:30 p. Step/Tradition 8:00 p. AL-ANON MEETINGS 10:00 p. AL-ANON MEETINGS 10:00 p. AL-ANON Contact club for info on other fellowships.	PASS IT ON CLUB 6229 W. Forest Home Ave Milwaukee WI (414)541-6923 A.A. MEETING SCHEDULE Sun. 8:00 a. Sun. Wake Up 8:00 a. 3 Legados (Spanish) 9:30 a. Reliance Meeting 11:00 a. Today choice 3:00 p. Gratilude Plus 7:00 p. Big Book Readers Mon 7:30 a. Jump Start 10:30 a. First Step 4:00 p. Happy Hour Step Gp. 7:00 p. Open IntroductoryAA Tue. 7:30 a. Comin Back Gp 10:30 a. Keep It Simple 4:00 p. Or prote Legacies 7:30 p. Double Trouble DD/O Wed. 7:30 a. Big Book Study 10:30 a. First Step 7:00 p. Courage to Change 7:30 p. Courage to Change 7:00 p. Gateway Topic Gp. 10:30 a. Made Decision 5:15 p. As Bill Sees It 7:00 p. Gateway Topic Gp. Fri. 7:30 a. Honesty Gp. 10:30 a. Happy Joyous Free 8:00 p. Spanish Speaking 8:00 p. Spanish Speaking 8:00 p. Spanish Speaking 8:00 p. Batt to Basics 12x12 AL-ANON MEETINGS Sun. 11:00 a. Fri. 7:30 p. (Alateen)	LAKE AREA CLUB N60 W 35878 Lake Dr Oconomowoc, WI (262) 567-9912 www.lakeareaclub.com A.A. MEETING CHEDULE Sun, 8:00 a. Early Bird 1:00 a. Friendship Gp 6:00 p. Big Book 8:00 p. Gopher Sunday Mon, 9:00 a. Positive Attitude 6:00 p. Step/Tradition Stdy Tue, 1:00 p. 4:00 p. Wed. 8:00 a. Bitte House Wed. 8:00 a. Bitte House Wed. 8:00 p. Bitte House Wed. 8:00 p. Bitte House Wed. 8:00 p. Bitte House Wed. 8:00 p. Bitte House Wed. 8:00 p. Crapevine Mitting 8:00 p. Crapevine Mitting 8:00 p. Non-smoking 8:00 p. Non-smoking 8:00 p. Old School House Sat. 8:30 a. 11th Step 10:00 a. Big Book OPENAXI-Anon SPEAKER MEETING Sat. 7:00 p. 2 <sup>nd</sup> & 4 <sup>th</sup> Saturdays (AA and/or AL-Anon Speakers) AL-ANON MEETINGS Mon. 7:00 p. AL-Anon Wed. 7:00 p. AL-Anon	<ul> <li>WAUKESHA ALANO CLUB 318 W. Broadway Waukesha, WI (262) 549-6541</li> <li><u>A.A. MEETING</u> <u>SCHEDULE</u></li> <li>Sun. 9:30 a. Sun Morn Sunlight 11:00 a. Sun Go-To-Mtng (Open speaker 2nd Sunday &amp; Breakfast) 7:00 p. (Open Step Gp)</li> <li>Mon. 12:00 Noon 6:00 p. Beginners AA 7:00 p. (12 &amp; 12)</li> <li>Tue. 12:00 Noon 5:30 p. Topic Gp</li> <li>Thr. 12:00 Noon Fri. 12:00 Noon Fri. 12:00 Noon Fri. 12:00 Noon Sat. 10:00 a. Gp 124 7:00 p. Closed Meeting</li> <li>OPEN MEETINGS, DANCES &amp; EVENTS Call for information.</li> </ul>	GALANO CLUB - LGBT & All in Recovery 7210 W Greenfield Ave Suite 1, Lower Level Milwaukee, WI 53214 414-276-6936 http://www.galanoclub.or galanoclub@gmail.com MEETING SCHEDULE Phone/Video AA Meetings Using the FCC Ap Video at the club Sun. 10:30 am, M,T @ 7:30pm Phone: W, Th. Sat 7:30pm [978] 990-5195 Meeting Id: galano7210 Co 1919178# Sun. 10:30 a. In-person/Phone/Vide <del>6:00 p. AA</del> Multimedia Mon. 7:30 p. In-person/Phone/Vide Thurs. 7:30 p. Phone/Video Finurs. 7:30 p. Phone/Video

NORTHWEST ALANO CLUB\* N88 W17658 Christman Rd Menomonee Falls WI 53051 (No Phone) A.A. MEETING Sunday AA SCHEDULE 10:00 a. Big Book 7:00 p. Just Do It Gp 8:00 p. Action Gp 10:00 a. Step 8:00 p. Topic 7:30 p. Step/Topic 10:00 a. Step 6:00 p. Women's Wednesdav AA 8:00 p. Step/Topic

Sat. 10:00 a. Step 7:00 p. Simply Sober Gp AL-ANON MEETINGS

Wed. 7:00 p. Al-Anon Fri. 7:30 p. Al-Anon

Sun.

Mon.

Tue.

Wed.

Thr.

Fri.

7:00 p.

\*This Club is a Smoke-Free environment. We have ample meeting space available for 12 Step groups. Contact the Northwest Alano Club by mail.

COUNTY ALANO CLUB 611 Walworth St. (Hwy. 50 & 11) Delavan, WI 53115, (262) 740-1888 10:00 a. Primitive Group 12:00 Noon Open Speakers 6:30 p. Delavan Discussion Monday AA 7:30 a. Sunny Side Up 12:00 Noon Delavan Step Meeting 6:30 p. Former Miss Americas 6:30 p. Delavan Men's Meeting Tuesday AA 7:30 a. Sunny Side Up 12:00 Noon Delavan Noon Gp. 6:30 p. Delavan 12 Step Topic 7:30 a. Sunny Side Up 12:00 Noon As Bill Sees It Gp. 6:30 p. Delavan IT Meeting Thursday AA 7:30 a. Sunny Side Up 12:00 Noon Delavan Noon Gp. 5:30 p. Step Sisters Women 6:30 p. Delavan Big Book Gp. Friday AA 7:30 a. Sunny Side Up 12:00 Noon Big Book Study 6:30 p. Delavan Discussion Saturday AA 7:30 a. Sunny Side Up 12:00 Noon, Delavan Noon Gp 6:30 p. Delavan Beginners Gp.

WALWORTH

ALANO CLUB 1521 N. Prospect Ave., Milwaukee, WI, 53202	
Ave., Milwaukee, WI, 53202	
(414) 278-9102	
http://www.mkealanoclub.org/	
A.A. MEETING SCHEDULE	
Sun. 7:00 a. AA Meeting	
10:00 a. Gp 17 Step	
1:00 p. Refuge Recovery	
4:30 p. Life Savers	
Mon. 7:00 a. Early Morning	
10:30 a. Gp 72 Topic	
12:15 p. Big Book Meeting	
6:30 p. Gp 40 Big Book	
Tue. 7:00 a. As Bill Sees It,	
10:30 a. Gp 70 Step	
12:15 p. Gp 76	
7:00 p. Beginners, 1st Step Wed. 7:00 a. AA Women's meeting	
10:30 a. Gp 9, Step	
12:15 p. Oasis Topic Gp	
6:00 p. Chicks at Six Gp	
7:30 p. Yoga AA & We Agnostics	
<b>Thr.</b> 6:00 a. AA	
7:00 a. Big Book Meeting	
10:30 a. Gp 97, Step	
12:15 p. Here & Now Gp	
7:00 p. Sober and Out	
Fri. 7:00 a. Daily Reflections	
10:30 a. Gp 21, Step	
12:15 p. Gp 65	
6:30 p. Here & Now	
11:59 p. Second Shifters (Sat.)	
Sat. 7:00 a. AA Meeting	
11:00 a. Gp 87 Step	
3:00 p. Spiritual Growth	
7:30 p. Open Speaker 9:00 p. Here and Now	
9:00 p. Here and Now	
AL-ANON MEETING	

Sunday 10:00 a. Al-Anon

H.O.W. TO CLUB 8930 W. National Ave, West Allis, (414) 543-2448 <u>http://howtoclub.info/</u> M, W, F, Sat. 9 a11 p, Tue Thr 9a 9p., Sun 8a to 9p.
Sun. 8:00 a. Eye Opener AA Gp. 10:00 a. Grass Roots (Steps) 4:30 p. Drop the Rock 6/7 Step 6:00 p. Restore Us To Sanity 8:00 p. Sun. Sober & Serene
Mon. 11:00 a. Winner's Circle 5:45 p. Gp 132, Women's Gp 7:00 p. Big Book Gp. 8:00 p. New Hope Gp. 11:00 p. What's the Point
Tue. 11:00 <sup>°</sup> a. Willingness Group 6:00 p. Tue Topic 6pm Gp 7:00 p. Sign for Sobriety AA 8:00 p. 12 & 12 AA Meeting
Wed.10:00 a. Foundations Meeting 6:00 p. AA Beginners Gp. 7:00 p. Women's Freedom 8:00 p. Promises Group 11:00 p. After Hours Group
Thr. 10:00 a. But For Grace Of God 6:00 p. Here and Now 8:00 p. How To Get It Going
Fri. 11:00 a. Priority Group 6:00 p. Big Book Group 8:00 p. R.U.S. For Us 11:00 p. Candlelight Promises
Sat. 9:15 a. Men's Topic 11:00 a. Pioneers Group

6:00 p. 1st & 12 Topic

\*8:00 p. HOW To Saturday

\*(Open meeting on 3rd Saturday)

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App. :30 Code: /ideo deo deo

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#### 24 HOUR CLUB

153 Green Bay Rd. Thiensville, WI

Web and Facebook Info

#### A.A. MEETING SCHEDULE

8:00 a. Topic
0:00 a. Step/Topic
5:00 p. Step

Mon.	6:30 a. Topic
	10:00 a. Topic
	8:00 p. Men's

Tue. 6:30 a. Topic 10:00 a. Step/Topic 5:30 p. Big Book

Wed. 6:30 a. Topic 10:00 a. Big Book

Fri

5:15 p. Women's

Thr. 6:30 a. Topic

- 10:00 a. Topic 5:30 p. Step/Topic/Trad
- 8:00 p. Men's 12 & 12

6:30 a. Topic

- 10:00 a. Step/12 & 12 5:30 p. Principles
- 8:00 p. Step
- Sat. 6:30 a. Topic
  - 8:30 a. Big Book /Steps

10:00 a. Big Book 8:00 p. Open Speaker Mtng. (1<sup>st</sup> Saturday Only)



A complete set of the 1968-1974 Alcoholics Anonymous comic strips - http://www.ep.tc - 018 of 095

UNITY CLUB 1715 Creek Rd West Bend, (262) 338-3500 unityclub1715@att.net www.facebook.com

AA MEETING SCHEDULE

- Sun. 10:30 a.\*\* Gratitude Gp. 8:00 p. Candlelight Gp Mon. 10:00 a. Monday A.M. 7:00 p. Men's 7:00 p. Women's
- Tue. 10:00 a. Tuesday A.M. 7:30 p. Beginner's 8:00 p. Step Gp
- Wed. 10:00 a. Promises 1:00 p. Steps/Promises 5:00 p. Happy Hour Gp 8:15 p. Step Gp
- 8:15 p. Step Gp Thr. 10:00 a. Big Book 7:00 p. EZ Dozen12x12
- Fri. 10:00 a. Step/Topic Gp 8:00 p. \* Step Gp.

Sat. 10:00 a. Here & Now 7:00 p. Big Book AL-ANON & ALATEEN MTNGS

ALATEEN MTNGS Saturday 9:00 a. Al-Anon Thursday 7:15 p. Al-Anon \* Open Mtng. Last Friday of month

\* Open Mtng. Last Friday o month \*\* Open Mtng. 3rd Sunday of month (10:30 a.m.) FRIENDSHIP CLUB 2245 W. Fond du Lac Ave Milwaukee , WI (414) 931-7033

Email: friendshipinc@sbcglobal.net

#### MEETING SCHEDULE

Sunday 10:00 a. Friendship 11:00 a. Third Sunday Open Meeting Monday 10:30 a. Step Gp Tuesday

7:00 p. Gp 43 Big Book Saturday 10:30 a. Gp 112 Step

Call for information on other types of meetings.

Email: <u>friendshipinc@sbcglobal.net</u>

**12 STEP CLUB** 4102 W Townsend St. Milwaukee, WI 53216 (414) 871-0610

#### A.A. MEETING SCHEDULE

Wednesday: <del>11:00 a. Gp. 27</del>

Friday:	
11:00 a. Gp. 61(12x1	2)

Saturday: 10:00 a. Beginner's 7:00 p. Gp 6

Call the club for information on Open Speaker AA meetings, meetings for other fellowships and for special events. MILWAUKEE GROUP 933 E Center St, Milw WI 53212. Zoom Information:

https://us02web.zoom.us/ j/8974697046?pwd=3CBAuoiYS3s A.A. MEETINGS

Sun.	10:00 a Zoom. 8:30 p. In-Person
Mon.	5:30 p. Zoom 7:00 p. In-Person 8:30 p. In-Person
Tue.	7:00 p. In-Person 8:30 p. Zoom
Wed.	7:00 p. In-Person 8:30 p. Zoom
Thur.	6:30 p. In-Person 8:30 p. Zoom
Fri.	7:00 p. In-Person
Sat.	8:30 p. Zoom 8:30 p. In-Person

 Milwaukee Central Office

 7429 W Greenfield

 West Allis WI 414-771-9119

 A.A. MEETINGS

 Mon. 12:15 p

 Tue. 12:15 p,

 Wed. 12:15 p,

 Thur. 12:15 p,

 Fri. 12:15 p

 Sat. 9:15 a, 1st Step

10:30 a We do not meet on major holidays. LIGHTHOUSE ON DEWEY 1220 Dewey Ave. Wauwatosa WI AA MEETINGS Sunday

6:00 p. Jim's First Step 7:30 p. Gp 78 Great Room Monday 7:30 p. Laughs/Leisure Tuesday 6:00 p. 11th Step Meditation 7:30 p. Professionals Wednesday 7:30 p. Presidents Hall 7:30 p. Presidents Hall 7:30 p. Women Mellows Lounge 8:00 p. "RES-IPSA" Thursday 7:00 p. Women's AA 7:30 p. Alumni No 12 Friday 7:15 p. Gp 74 Saturday 10:00 a. Gp 59

All Saint's Cathedral 818 E Juneau Av Milw 53202

Monday: 7:30 p.m. Sane & Sober Tuesday: Zoom 10:30 a.m. Men's meeting Wednesday: In-person 7:30 p.m. Men's meeting Thursday: Zoom 7:00 p.m. Men's meeting Friday: Zoom 7:30 p.m. Big Book Saturday: In-person 10:30 a.m. Men's meeting



#### **NEW MEETINGS**

Sundays 6:00 p.m. Galano Club, 7210 W Greenfield Ave, West Allis. "Multimedia Sunday Night AA Meeting"

Mondays & Wednesdays & Saturday "We Agnostics". 7:30 p.m. <u>https://</u>

us02web.zoom.us/j/86432257621? pwd=dTBwak9VaHVRZEhPTU1Tckk3YnBqUT 09

Mondays 6:30 p.m. Uhles Cigar Shop (LL) 114 W Wisconsin Ave, Milw 53203. Cigar smoking allowed. No wheelchair access.

**Tuesday 6:30 p.m.** Cedar Springs Church, 3128 Slinger Rd, Slinger WI 53086

Tuesday 7p.m., Primary Purpose, First Evangelical, 311 W Mackie St. Beaver Dam 53916 Thursday at 6 p.m., St Matthew CME, 2944 N 9th St, Milwaukee 53206

Thursday at 7 p.m. Men's Gp, All Saint's Cathedral 818 E Juncau Ave, Milw. 53202. Zoom : https://us02web.zoom.us/j/74831701793? pwd=ZGdsZWtMVE9mSFRGMHh5ZzRIckN5Q T09

Fridays at 7p.m., Primary Purpose, St James Catholic Church, W220N6588 Town Line Rd, Menomonee Falls WI 53051

Saturday 8:30 a.m. Step Meeting Lumen Christi Catholic Church, 2750 W Mequon Rd, Mequon WI 53092. Zoom: <u>https://zoom.us/</u> j/6701384020 Password: fellowship

#### **DISBANDED GROUPS**

Tuesday 8:00 p.m. Treat Yourself Tue. Christ Church, 5655 N Lake Dr. Whitefish Bay WI Wednesday 1:30 p.m. Bridges of Milw. Rehab and Care Center, 6800 N 76th St. Milwaukee.

OTHER CHANGES Friday 6:30 p. A Vision For You Big Book Gp. Now meets at Holy Trinity Church, 11709 W Cleveland Ave, West Allis 53227, In-person

& Zoom: <u>https://zoom.us/j/2089530649?</u>

pwd=akQ0YIYyNzB5RXV3cFV1R1dlNzlRZz09 OPEN SPEAKER

Weekly & monthly speaker meetings listed in October 2019 When & Where aamilwaukee.com/directory.html

Sundays at 10 a. Milwaukee Gp. 933 E Center St, Milwaukee 53212 Zoom: https:// us02web.zoom.us/j/8974697046?

pwd=3CBAuoiYS3s

2nd Sunday at 11:00 a. Alano Club 318 W. Broadway, Waukesha,

3rd Sunday Open 11 a., Friendship Club, 2245 W Fond du Lac Ave, Milw

Sundays at 7:00 p. VA Hospital 5000 W National Ave 3rd Floor Unit 3A

1st Tuesdays in Jan, Apr, July and October at 7:30 p. Acceptance Gp. First Congregational Church, 1111 N Chicago Ave So. Milwaukee. Last Wednesday 7:30 p. Gp 23 First Lutheran Church, 7400 W Lapham St, West Allis Wednesdays at 7:00 p. Salem United Methodist Church, 541 Hwy. 59, Waukesha-Zoom: https://us02web.zoom.us/j/8035659147 Password: 052 240

**3rd Thursday, 7:30 p.** Badger Gp, St John Vianney, 1755 N Calhoun Rd, Brookfield WI. Plus Zoom: <u>https://zoom.us/j/498452652</u> Password:668830

Every Friday 7:00 p. Christ the King, 1600 N Genesee Rd Delafield. Zoom: <u>https://</u> us04web.zoom.us/j/79611727313

4th Friday 8:00 p. Imago Dei Church, 2327 N. 52nd St., Milwaukee 53210

1st Saturday 8:00 p. 24 Hour Club Open Meeting, 153 Green Bay Rd, Thiensville.

**1st Saturday at 7:00 p.** Dist 12, Living Word Lutheran Church, 2240 Living Word Ln., Jackson WI 53037

2nd Saturday at 7:00 p. Dist. 34, St. Francis Episcopal Church, N84 W16525 Menomonee Ave, Menomonee Falls, WI-Zoom: https://

us04web.zoom.us/j/902402700?

pwd=MU9XYzhhRCtCNIBMYUFBcGdzQ29yZz 09

3rd Saturday 7:30 p. HOW To Club 8930 W. National Ave, West Allis

3rd Saturday 8:00 p. New Day Club 11936 N. Port Washington Rd. Meguon.

5th Saturday 3:00 p. How To Club, 8930 W National Ave, West Allis

Every Saturdays 7:30 p. Alano Club 1521 N. Prospect, Milwaukee.

Contact the Central Office via email: <u>gmco@aamilwaukee.com</u>, with changes.

# **Bill W's CHRISTMAS PRESENT**

On a bleak November day of 1934, Bill W. was in the process of receiving—albeit unknowingly—a Christmas present beyond his belief. A visit from an old schoolmate, Ebby T. explained how he had found sobriety via religious ideas of the Oxford Group. Bill was amazed, yet unimpressed. He thought: "*My gin will outlast his preaching.*" (p. 9) But it did not! Bill's curiosity of his friend's

success eventually led Bill to the doors of the alcoholic ward of Towns Hospital a few weeks later. He was released with a full week of sobriety on December 18, just one week before Christmas. He never drank again!

But that was only a beginning! While in the Hospital he had a personality

change that altered his modus operandi! He previously had never wanted anything more than to be a rich member of the Wall street crowd, as he was before drinking ruined that high point of his life. However, before leaving the hospital the thought came to him: "There were thousands of hopeless alcoholics who might be glad to have what had been so freely given to me. Perhaps I could help some of them. They in turn might work with others." (P. 14)

Bill's real Christmas present was a complete personality change as described by Dr. Carl Jung: "Old ideas, emotions and attitudes are suddenly cast aside and replaced by a new set of conceptions and motives." (p. 27) Well, did Bill go back to Wall street? No, he did not! He went down to Calvary mission and brought home a disheveled, perhaps not so well smelling, wino to his fancy Brooklyn Hts. home and fed him and prayed with him. But the drunk got drunk. So, he went back and the same happened. Did he give up and go back to Wall Street? No, he did not! He went back to that mission again and again through January, February and March of 1935 and guess what? They all got drunk!

What a personality change! What a wonderful Christmas present! Not just getting sober, but a strong desire to help others. We call this Step Twelve today, but this personality change was not only Bill's exciting Christmas Present—it was certainly ours, as well!

Bob S.

Reprinted with permission Robert Stonebraker

("Rabbit" Continued from page 1)

But, there is little doubt that the holiday season sometimes does present problems beyond everyday experience. (God knows, everyday problems can be dangerous enough!) The special problems there it must be admitted that some AAs contend that they are not special at all, that they are the same old problems dressed up in a holly wreath)--the special problems of the holiday season are discussed wherever there are AAs. And, from suggestions heard in meetings and in conversation with individuals, some advice has seemed practical.

For what it is worth, then, to the AA who sees approaching the first holiday season since he reluctantly (?) weaned himself, or to the AA who has been around for years, is offered this condensed version of suggestions from various sources. It is in no way authoritative. It is not offered as a cure-all for the holiday or any other drinking problem. It is only a compilation of ideas advanced by some AAs who have encountered and survived the annual problems presented by such things as:

The Office Party--Oh, brother! This can be a real headache. You can't offend the boss and you gotta show up. Or, maybe you are the boss and you gotta show up. If you are lucky (it's surprising how many *are*) everyone knows you are in AA and they are damned glad of it and the fact that you aren't drinking is taken for granted or as an occasion for rejoicing. But, if this isn't the case, here are a couple of suggestions: Go early--leave early. To make sure of that last point, if you're at all shaky, make a date to meet an AA at a definite time so you'll have to leave or he'll come after you. While you are present, keep busy. Help with the food if it's the kind of party where the staff attends to the serving. Some successful AAs like to serve drinks. Help in any way you can. But, keep busy! Many find it helpful to keep a glass in hand always, well-filled with ginger ale or a soft drink. Use as much ingenuity in this as you exerted to keep it filled with booze in past years.

Holidays Parties Generally--Either you attend these festivals or you don't. Many don't. It's no disgrace, nor particular hardship on you or your hosts, if you don't. If you do attend, the suggestions for office-party non-drinking are equally good here. Tell the host in advance that you can't drink, and why. If he's known you long, he'll be *delighted* to serve you coffee or some other innocuous drink. Some ex-drunks switch the "go early--leave early" routine to one of going late, paying their respects to the hosts and such of their friends as may still be functioning, and checking out soon.

*Nostalgia*--As many drunks have gotten fried in Nostalgia as have fallen on their faces in the corner saloon. Suggestions:

("Nostalgia" Continued on page 12)

Need to make a group or personal contribution?

Use our **CONTRIBUTE** button on our website: <u>aamilwaukee.com</u> or use our your **VENMO app** from your smartphone.

All the groups listed in your <u>When and Where</u> directory, should be contributing regularly to the support of your <u>Central Office</u>. We want to be here when anyone reaches out for help. A big thank you to everyone, for all you do.

ASL Interpreter Available: Meeting for Deaf and Hard of Hearing, Tuesdays 7:00 P.M.,

H.O.W To Club, 8930 W National Ave. West Allis Redemptorist Retreat Center, 1800 N Timber Trail Lane, Oconomowoc, WI 53066, (262) 567-6900 Email: rrc@redemptoristretreat.org Please call for information and schedule of retreats for recovering people. AA and Al-Anon, \$250 three nights. We discuss the 12 steps and related topics. 2020 Weekend Retreats Jesuit Retreat House, 4800 Fahrnwald Rd. Oshkosh, WI 54901, call 800-962-7330 jesuitretreathouse.org Men and Women in AA, Al-Anon Total cost: 4 days \$390.00. Send a \$75.00 deposit with requests for specific dates to retreat house or call for info. Men: , Dec. 3-6 2020 Women: Nov. 12-15 2020, Nov. 19-22 2020



9

# Gratitude

# "We are self-supporting through our own contributions"



2020 Gratitude Campaign in the Months of November and December. Contributions are used solely to operate <u>Your</u> Milwaukee Central Office.

Use "<u>Venmo</u>" app from your smartphone to send donations to: <u>@MilwaukeeCentralOffice-</u> <u>AA</u>

Use QR Code To Contribute Using VENMO





In Memoriam....Mary Ellen Ryan. Mary Ellen Ryan was a member of the Hartford Women's Big Book Group in Hartford, Wisconsin. She began her recovery in the Milwaukee area in 1974, attending many meetings in the Northshore area. After moving to Hartford 23 years ago, she graced the community with her experience, strength and hope at both closed and open meetings. Mary was known to introduce herself at her home group with these words, "Hi everyone, I am Mary, an alcoholic, and blessed among women." Mary brought authenticity to the meetings. She told her truth about the disease and how far down it took her. Mary explained how to work the 12 steps and stay in touch with your sponsor. Mary had the courage to bring everything to a meeting, never leaving her joy or pain, shame and truth, anger or delight at home. She shared it all. Mary formally sponsored many women and mentored hundreds of men and women with her wisdom. She gave credit to the program and God on a regular basis. Mary and her deceased husband, Bill, taught everyone how to be respectful of differences. Mary particularly loved the Jesuit Retreat House where she attended more than 100 retreats. Mary died on Wed., October 21, 2020 in peace. She was 85 years of age and demonstrated to the very end to her children, grandchildren and everyone the value of recovery.



7210 W. Greenfield Ave. Suite 1 Lower Level

#### galanoclub.org 414-276-6936

email: galanoclub@gmail.com

LGBT and all in Recovery Welcome

Sunday: 10:30 a.m. - AA - Step / Topic Meeting (In-Person/Phone/Video) 10:30 a.m. - Al-Anon -Papillion Group (In-Person) 6:00 p.m. - SCA Meeting (Zoom) sca.recovery.milw@gmail.com 6:00 p.m. - AA Multi-Media (Postpone)

#### Monday:

7:30 p.m. - AA "Came to Believe" 12 Spirituality (In-Person/Phone/Video)

#### Tuesday:

7:30 p.m. - AA Over and Under 40 Group (In-Person & 7:30 Phone/Video) 6:00 p.m. -Pages of Healing -Recovery Book Club (Postpone) 7:00 p.m. - SCA - Blue Group (Zoom) sca.recovery.milw@gmail.com

Wednesday: 7:30 p.m. - AA -12 Steps and 12 Traditions (Phone/Video)

Thursday: 7:30 p.m. - AA - Living Sober One Day at a Time (Phone/Video)

Friday: 7:30 p.m. - AA - Topic "Grapevine" (In-Person)

Saturday: 7:30 p.m. - AA Big Book and More (Phone/Video)

> LGBT AA Phone in Sun. 10:30 am M, T, W, Th, Sat. 7:30 pm (978) 990-5195 Code 1919178#

# **DISTRICT 34 OPEN** SPEAKER MEETING

#### Location: CURRENTLY ZOOM ONLY (St. Francis Episcopal Church N84W16525 Menomonee Ave. Menomonee Falls, WI 53051) Zoom Room/Doors open at 6:30 Meeting at 7:00pm **\*IMPORTANT COVID 19 NOTICE\*** Until further notice, the Open Meeting will take place via Zoom. The open meeting chairs will continue to

unicate with St. Francis and monitor local and COR state guidelines to determine when the meeting can take place in person again. Please check aamilwaukee.com → Meeting Directory for updated meeting information. Zoom ID: 902 402 700 https://us04web.zoom.us/j/902402700? pwd=MU9XYzhhRCtCNIBMYUFBcGdzQ2

Password: 343434 9vZz09

#### **Consider supporting the "District 34" Open** Meeting" in one of the following ways:

- · Share your group message by sponsoring the Open Speaker Meeting
- · Contact your group GSR to volunteer
- · Attend the District 34 meeting (1" Tuesday of each month, 6:30pm, NW Alano Club)
- · Get in touch with the Open Meeting Co-Chairs, Scott G. (262-229-5845) or April C. (262-442-2901)

\*District 34 is the Northeast corner of Waukesha County

...our primary purpose is to carry the message .... "

#### **Hosting Group** / **Speakers**

Oct. 10th, 2020 Night Recovery Jeff J. (AA) Anna (Alanon)

Nov. 14th, 2020 Friday Night Action-Sussex Carrie D.

> Dec. 12th, 2020 **Staying Sober Through the Holidays** Stacy K. Corey K. Diane S.

Recovery

#### ("Nostalgia" Continued from page 9)

attend AA meetings. Associate with fellow AAs at other times. A number of AAs make holiday appointments in advance with fellow AAs, if only for quick meetings over coffee. Those who take this or similar precautions seem to stay sober. An honest appraisal of the "good old days" will rout any nostalgia that ever afflicts this writer. Twelfth Step work helps to keep the past in perspective.

*Self Pity*--Closely allied to nostalgia. No reason why it should be confined to the holiday season, and it isn't. Neither are parties nor any other of the alcoholic's problems. Hut, self pity seems to roll up in a great flood at Christmas time. Suggestions: a straight look at the last Christmas the subject spent in wassail. Twelfth Step work.

Admittedly, this survey of problems attendant on the holiday season has been cursory. From his own experience, the writer can say

# Four Paradoxes of AA

By: John P.,

A PARADOX, you may already know, is a statement which appears to be false, a statement which is self-contradictory, hut which upon careful examination proves to be true.

1. We surrender to win. On the face of it, surrendering certainly does not seem like winning. Hut it is, in AA. Only after we have come to the end of our rope, hit a stone wall in some aspect of our lives beyond which we can go no further, only when we hit "bottom" in despair and surrender, can we accomplish sobriety. . .which we could never accomplish before. We must, and we do, surrender to win.

2. We must give away to keep. That seems absurd and untrue. How can you keep anything if you give it away? But in order to keep whatever it is we get in AA, we must go about giving it away to others, for no fees or rewards of any kind. When we cannot afford to give away what we have received so freely in AA, we had better get ready for our next "drunk." It will happen every time. We've got to continue to give it away in order to keep it.

**3.** We have to suffer to get well. There is no way to escape the crisis, the terrible suffering of remorse and shame and embarrassment which starts us on the road to getting well from our affliction. There is no new way to shake out a hangover. It's painful, and for us, necessarily so. I told this to a friend of mine as he sat weaving to and fro on the side of the bed, in terrible shape, about to die for some paraldehyde. I said, "Lost John (that's his nickname) Lost John, you know you're going to have to do a certain amount of shaking sooner or later." "Well," he said, "for God's sake let's make it later!" We suffer to get well.

*We have to die to live.* That is a beautiful paradox straight out of the biblical idea, of being "born again" or in losing one's life one shall find it. When we make out our Twelve Steps, the old life of guzzling and fuzzy thinking and all that goes with it gradually dies, and we acquire a different and better way of life. As our shortcomings are removed, one life of us dies, and another life of us lives. We in AA die to live.

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that the suggestions offered can be helpful. He believes that, for him, one of the most important things is to review once more, in preparation for the holiday or any other season, what drinking really meant in his life; then, to appraise life as it has been without alcohol. If he does this honestly, the admission is inevitable that one more drink might mean the end--forever--of highly-prized sobriety. It is entirely possible that he *has* had his last chance. Another morale-booster is: *be grateful*. Remember to count blessings, and among them the biggest is: thank God I'm sober and able to enjoy this holiday season!

It is the opinion of this writer that the recipe for a happy holiday season--and, synonymously, a sober one--is printed inside the front cover of this magazine. It involves Twelve Steps. And:

"First, you don't take a drink. . ."

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## From the Grass Roots

By: Z. V. S. | Des Moines, Iowa

SECOND THOUGHTS ON A SECOND BIRTHDAY

I thought I took all the Twelve Steps at once, and how my halo glistened and how righteous I was. Last summer, a year after I joined AA, I took my first inventory. I was again in New York and had a lot of time to think, and also after a year without drinking, I had the ability to think. I decided to my consternation that I had been a complete phony all my life; reality had never been good enough for me. Everything had to be stepped up for me; everything had to be a ball, and the liquor was a great stepper-upper for awhile. I had three problems to lick: alcoholism, insane extravagance, and intense emotionalism--all a part of the same picture.

With my second birthday in AA just passed, I feel that I have taken a good whack at these problems. But I am not through; Oh, no, brothers and sisters. I am just beginning to grow into the AA way of life. We are taking the steps over, one by one, for the new members, because the group has grown so rapidly, and I am just now really grasping their import.

I only wish that the woman who wrote, "Are Women the Orphans of AA?" (*April, 1953*) could know this wonderful group of men and women whom I see every Monday, their kindness and patience, their infinite understanding and wisdom.

And then of course there is "God." We speak of him often in our group, and as a gentle and compassionate protector and friend. We all know he had his arms around us or we would not be here today. I think now I have, at long last, learned how to pray. A small crisis arose in my life recently and I was frightened and unsure.

I simply went into a room alone, dropped to my knees and humbly put my hand in "His." I didn't demand things from "Him" anymore. I just asked "Him" to be with me.

After the successful conclusion of my small miracle, I could hardly wait to be alone to give thanks. It is a long road; it is not easy, but when you begin to grow into AA with the help of our twenty-fourhour plan of life, it is more than worth it. There is a sharp sweetness in life, a glory of accomplishment that you have never known before. And if you really in your heart want to escape from being among the "living dead," there will be small miracles all along that road to help you on your way. That I promise you, because after you are in AA you are never, thereafter, alone.

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# SUNDAY NIGHT SURRENDER

ANNUAL HOLIDAY OPEN SPEAKER MEETING

# **PRACTICING THESE PRINCIPLES** DURING THE HOLIDAYS

# PANEL OF AA SPEAKERS: Kell & Vangessa L Ben Ki

https://us02web.zoom.us/j/596194781?pwd=UVc0aVY5VUhqRFZpOWd3T1JTenBVUT09

# SUNDAY, DECEMBER 20TH

Speakers Start: 7pm (CST)

PASSWORD: 755654

https://us02web.zoom.us/j/596194781?pwd=UVc0aVY5VUhqRFZpOWd3T1JTenBVUT09

ZOOM ID: 596 194 781

